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In-Flight Review Magazine

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Publisher:

Garth Eichel

Managing Editor:

Stephanie Cunningham

Graphic Design:

Brent Foote

Contributors

Stephanie Cunningham, Garth Eichel

For information on display advertising opportunities, email: garth@archipelagomedia.com

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6 TIPS FOR MULTI-GENERATIONAL TRAVEL

For some families, holidaying *en masse* with grandparents, aunts, uncles, cousins and everyone in between is a beloved annual tradition. For others, it's a daunting idea. Before planning your next – or first – extended-family trip, consider these six tips.



1. MAKE IT SHORT AND SWEET

If a multi-generational vacation is a first for your family, start with a short excursion. A long-weekend getaway will give a sense of everyone's holiday style, from the early morning adventure seekers to those who recharge best by sleeping in. If a short trip proves successful, plan something longer for a future holiday.

2. PRIORITIZE A CENTRAL DESTINATION

Select a destination that can be easily accessed by everyone in the family, and remember, a full travel day to a distant destination means one less day of valuable time together on either end of the trip.

3. TALK BUDGET

The time to talk money is *before* you start making reservations. Discuss who will pay for what and how meals, activities and other expenses will be divided.

4. SEEK INPUT AND KEEP AN OPEN MIND

Ask family members what they like to do most on vacation and incorporate those activities into your itinerary. Who knows? You could discover a new shared passion. If grandpa likes to golf, an afternoon together at the driving range might just prove you have what it takes to hit the greens next trip.

5. CREATE HAPPY MEALS

Re-connecting at the end of the day for happy hour isn't just for the adults in the group. A selection of appies can serve as an early dinner for the youngest family members without relegating them to the "kids only" table. Once the kids are settled, the adults can linger over dinner and conversation for as long as they please.

6. PLAN FOR FREE TIME

Some of the best bonding moments between family members happen when nothing else is planned. Leave room for relaxation and enjoy one another's company.



SUMMER MUSIC SPOTLIGHT

Every stage in town is bursting at the seams with fantastic performances this summer.

Be sure to snag your seats for these upcoming concerts dates.

Seal

World Tour June 14: The Orpheum

Louis Tomlinson

Faith in the Future World Tour June 26: Doug Mitchell Thunderbird Sport Centre, UBC

Blink-182

Rock Hard Tour June 27: Rogers Arena

Nickelback

Get Rollin' Tour June 28: Rogers Arena



Vance Joy

In Our Own Sweet Time Tour Aug. 25: Deer Lake

Drake

It's All a Blur Tour Aug. 28 & 29: Rogers Arena



Ed Sheeran

- Tour Sept. 1: Queen Elizabeth Theatre

+-=÷× Tour Sept. 2: BC Place

Charlie Puth

The "Charlie" Live Experience July 3: Doug Mitchell Thunderbird Sport Centre, UBC

Snoop Dog

High School Reunion Tour July 7: Rogers Arena

Madonna

The Celebration Tour July 15: Rogers Arena

Tears for Fears

Tipping Point Tour July 24: Rogers Arena

Rod Stewart

with special guest Cheap Trick Aug. 12: Rogers Arena

Sam Smith

GLORIA the tour Aug. 22: Rogers Arena

NF

Hope Tour Aug. 23: Rogers Arena

Bonnie Raitt

Just Like That... Sept. 3: Queen Elizabeth Theatre

The Chicks

World Tour Sept. 5: Rogers Arena

Kansas

50th Anniversary Tour Sept. 6: Queen Elizabeth Theatre

EO Cont

The Final Lap Tour Sept. 8: Rogers Arena

Pixies & Modest Mouse

Sept. 9: Doug Mitchell Thunderbird Sport Centre, UBC

Beyoncè:

Renaissance World Tour Sept. 11: BC Place

Lionel Richie

Earth, Wind & Fire Sept. 12: Rogers Arena



*The Beatles blockbuster is back!



AGENDA

BC LIONS

JUNE 1-OCTOBER 31: VANCOUVER

Roar like never before for Vancouver home-town football heroes, the BC Lions. Lock in your seats for the season or pick and choose your favourite games with single-game tickets. Eight special theme nights from the Concert Kickoff on June 17th to the Gravy Bowl on October 6th, promise extra fun and entertainment for fans of all ages. **bclions.com**



Photo: Destination Vancouver Vision Event Photography Inc

PRIDE 2023

JUNE 11: NANAIMO / JUNE 29-JULY 9: VICTORIA / AUGUST 5-6: VANCOUVER

Parades, street parties, performers and vendors will gather this summer to celebrate all things Pride at events in Victoria, Nanaimo and Vancouver. New this year, the Vancouver Pride Parade will follow an improved route meant to be more accessible, inclusive and enjoyable for all with two full days of festival events taking place at Concord Pacific Place.

vancouverpride.ca

JULIUS CAESAR

JUNE 15-SEPTEMBER 23: VANCOUVER

Personal ambition, deception, the pursuit of power and murder are at the heart of Shakespeare's timeless tale, *Julius Caesar*. Under the tents this summer, Bard on the Beach will present this riveting drama in a modern-day setting connecting our world's political landscape to that of this classic tale.

bardonthebeach.org



ennifer Lines as Mark Antony Julius Caesar, 2023) | Photo & mage Design: Emily Cooper



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AGENDA



MILLION DOLLAR QUARTET

JUNE 22-AUGUST 6: VANCOUVER

Let this crowd-pleasing musical transport you to Memphis, December 4, 1956, when rock-and-roll legends Elvis Presley, Johnny Cash, Jerry Lee Lewis and Carl Perkins gathered for their first – and only – impromptu jam session at famed Sun Records Studio. Inspired by true events, this show features plenty of jukebox hits including "Folsom Prison Blues," "Great Balls of Fire," "Blue Suede Shoes" and many more.

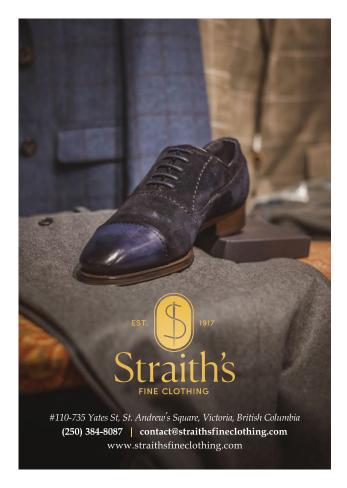
artsclub.com



RUGBY SEVENS OLYMPIC QUALIFYING TOURNAMENT

AUGUST 19-20: LANGFORD

Coming off another hugely successful HSBC Canada Sevens series in March, there's more world-class men's and women's rugby to watch this summer during the 2023 Rugby Americas North Sevens event at the Starlight Stadium in Langford. As the region's qualification event for the Paris 2024 Olympic Games, the stakes couldn't be higher during this exciting winner-takes-all tournament. **rugby.ca**





Contact us today!

Robert J. Taylor, Executive Vice President

604.714.4410

robert.taylor@hubinternational.com

Shane Hohlweg, Benefits Consultant

604.714.4449

shane.hohlweg@hubinternational.com



VANCOUVER INTERNATIONAL JAZZ FESTIVAL

JUNE 23-JULY 2: VANCOUVER

This year, the 38th Vancouver International Jazz Festival promises to do what it does best: bring back familiar favourites while introducing new and exciting sounds and performers. Check the program for a wide variety of ticketed concerts or catch one of the 50-plus free shows at venues around town. **coastaljazz.ca**

KHATSAHLANO STREET PARTY

JULY 8: VANCOUVER

Vancouver's largest free music and arts festival returns this year along the 10-block stretch of West 4th Avenue from Burrard to MacDonald Street. Take a liesurely neighbourhood stroll and enjoy more than 50 musical performances on multiple stages, a wide variety of food options, local artisans, street performers, bustling patios, beer gardens and much more.

khatsahlano.com

THE PROM/ROALD DAHL'S MATILDA: THE MUSICAL

JULY 6-AUGUST 26: VANCOUVER

Seventy-nine years young, Theatre Under the Stars continues its time-honoured tradition of presenting family friendly open-air theatre in the heart of Stanley Park. Two performances – *The Prom* and Roald Dahl's *Matilda The Musical* – will alternate nights throughout the summer, so grab your blanket and prepare to be entertained. **tuts.ca**

EARLY MUSIC VANCOUVER SUMMER FESTIVAL

JULY 27-AUGUST 5: VANCOUVER

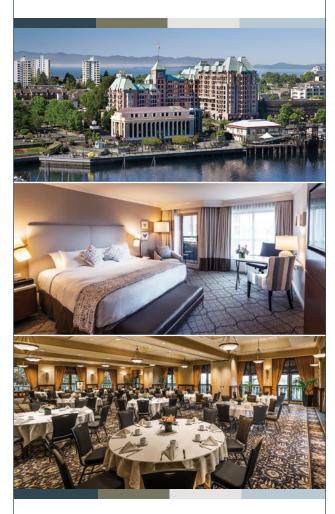
More than 60 artists from around the world will perform at the 2023 Early Music Vancouver Summer Festival. This year's theme, WOMENinSIGHT, explores the impact and role of women throughout history, from cloistered nuns to acclaimed composers, renowned singers and writers past and present.

earlymusic.bc.ca



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WEST COAST VIBES.

BY STEPHANIE CUNNINGHAM

Photo: Galiano's magnificent sandstone sea caves are best explored by kayak or paddle board.

BEST FOR SCENIC VANTAGE POINTS

Galiano Island: The West Coast is often referred to as the Wet Coast, but Galiano bucks that moniker with the driest and sunniest micro-climate of any Southern Gulf Island.

Equally accessible from both the Lower Mainland and Victoria via BC Ferries, this long, thin island is particularly peaceful with a sparse population of just 1,000 permanent residents. (That is until migration season: situated in the flight path of many migratory birds, 150 different species have been sighted by islanders during the annual travel season.)

From the highest mountaintop viewpoints to the island's varied ocean shoreline, those seeking a spot to truly get away from it all will appreciate Galiano's tranquility. Hikers will

want to head for one of the island's many scenic trails including Bodega Ridge with spectacular views over Vancouver Island and the Strait of Georgia, or The Bluffs Nature Protection Area, named after the 100-metre shoreline ridge hovering high above Active Pass.

To best appreciate the island's exceptional coastline, rent a kayak or paddle board to explore the intricate rock formations and sandstone sea caves carved by the power of nature.

At the end of the day, sink into sumptuous farm-to-table and foraged cuisine at the critically acclaimed Pilgrimme restaurant, or visit its sister restaurant, Charmer, for a fresh take on sourdough pizza.





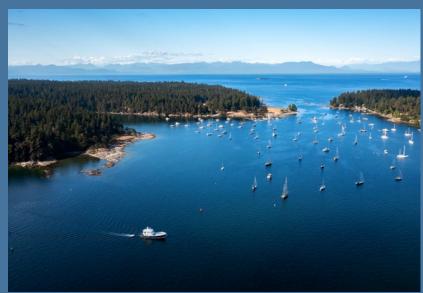
BEST FOR A CAR-FREE AND CAREFREE PICNIC

Saysutshun (Newcastle Island): Rich in history and with plenty of space to roam and explore, car-free Saysutshun off the coast of Nanaimo is the picture-perfect spot for a leisurely picnic or a family reunion.

For thousands of years, the Snuneymuxw people lived on Saysutchun throughout late winter and early spring during the peak of the annual herring run. In the mid-1800s, when the British learned this small island was also a source of coal, the Coast Salish buildings were abandoned, and the first mine was opened. The British renamed the island Newcastle and later used it for everything from quarrying sandstone to a retreat for the wealthy.

Today the island is a protected marine park managed once again by the Snuneymuxw First Nation and is the perfect spot for exploring tidepools, hiking and biking through the woods, or staying overnight at one of the 18 walk-in campsites or five group sites. Visitors can even enjoy a meal or snack at the restored 1930s dance pavilion and tea house, home to the Q'uluc'tun Bistro.

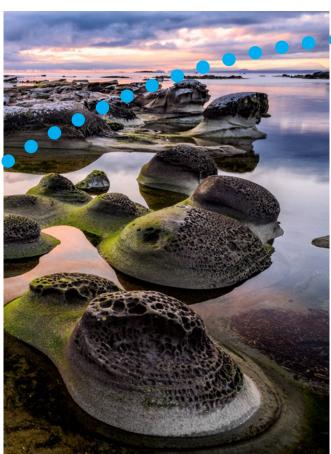
Accessible only by small foot-passenger ferry May to October or by personal watercraft, head to Nanaimo's Maffeo Sutton Park where you'll find ferries departing every half hour for the 10-minute ride to the dock in Mark Bay.



Take a Saysutshun Interpretive Walking Tour to learn about the sacred village sites, stories and cultural history of the Snuneymuxw people.











BEST FOR SPARKING CREATIVITY

Gabriola Island: On Gabriola Island, hand-crafted beauty and natural splendour co-exists side by side.

Known as "The Isle of the Arts," Gabriola is home to more than 200 artists and creators who work with every medium from ink and oil paints to woodworking, metalwork, basketry and fibre arts. Artist studios and galleries can be found around almost every corner, while festivals, workshops, classes and retreats fill the community calendar.

Perhaps this artistic expression is no surprise given how easy it is to enjoy the island's spectacular natural environment. Gabriola boasts three provincial parks, dozens of regional and community parks and more public beach access points than any other Gulf Island. Look for the yellow painted concrete blocks marked "Public Access" to find trail heads leading to sandstone beaches along the island's 98 kilometres of coastline.

Not to be missed are the Malaspina Galleries, a rip curl wave formation carved into the sandstone shoreline by centuries of wind and stormy seas. Tall enough to stand under, this is a perfect spot to take a short walk, lounge on the sun-warmed sandstone ledge or take a cooling dip in the bay.

BEST FOR A **QUICK ESCAPE**FROM THE BIG CITY

Bowen Island: It takes just a few minutes to feel light years away from the everyday as you make your way to Bowen Island.

Total travel time from downtown Vancouver to the heart of Bowen Island is only one hour, including a 20-minute ferry ride via Horseshoe Bay. Docking at Snug Cove (and who doesn't want to land in a place called Snug Cove?) it's just steps to the Snug Café for a delightful breakfast to start your day, or stop by Bowen Island Pub for fish and chips on the sun-filled patio.

Measuring just six by 12 kilometres, hilly Bowen Island is perfectly suited for touring by e-bike or scooter. Don't have your own? Don't worry. Bowen eBikes rental company is conveniently located just outside the ferry terminal and Zoom Zoom Bowen rents scooters by the hour, day or longer.

Once you have your ride, it's time to choose your adventure. Shoppers will enjoy nearby Artisan Square for everything from hand-crafted chocolates to jewellery and one-of-a-kind souvenirs, while outdoor enthusiasts can venture further afield to scenic hikes with views of Howe Sound and the Vancouver city skyline. Or, linger longer at a local guest house or vacation rental.



B.C.'s coastal islands boast a variety of incredible shoreline rock formations, from Heron Rocks on Hornby Island (middle, opposite page) to the Malaspina Galleries on Gabriola Island (above).



BEST FOR SOAKING UP TROPICAL VIBES

Hornby Island: Warm aquamarine water in a calm, protected bay lined by a vast white-sand beach – this isn't the tropics, it's Hornby.

Aptly nicknamed "Little Hawaii," this laid-back isle is a relaxing haven with both pristine beaches for lazing in the sun and hilly terrain for more adventurous pursuits.

South-facing Tribune Bay is the island's crown jewel and is considered one of the warmest salt-water swimming areas on B.C.'s coast. Offshore, the island's crystal-clear waters and gentle currents make it one of the best diving locations in North America. Descend to the depths and come face-to-face with a rich variety of marine life including giant Pacific octopus, wolf eels, rock fish, sea lions, harbour seals and more. And, for those who prefer wheels to water, the island is also renowned for its extensive network of well-maintained mountain biking trails that will delight cyclists of all abilities.

Bonus: Getting to Hornby by car is a two-for-one island experience. From Buckley Bay north of Nanaimo, first take the world's longest cable ferry to Denman Island. Enjoy the rural scenery and perhaps make a stop at one of the many farm-market gates on the drive across the island to the ferry bound for Hornby.

BEST FOR BROWSING LOCAL GOODIES

Salt Spring Island: Of the 200 Gulf Islands, Salt Spring is the largest, the most populated (10,000-plus permanent residents) and the most visited. It also happens to be the home of one of the most beloved summer markets in B.C.: the Salt Spring Saturday Market.

Truly a local-produced-only market, all vendors are required to submit proof of residency on Salt Spring to participate and their goods must adhere to the Market Philosophy: "Make it, Bake it, Grow it." The result is a vast selection of hyper-local produce, arts and crafts, body care, plants and flowers, clothing and so much more. In all, some 140 vendors set up shop each weekend April through October from 9 am to 3 pm at Centennial Park.

After making your rounds at the market, check out some of the other local scenic sights including the funky shops in the town of Ganges, all things lavender at organic farm Lavender & Black, or sample sips at the island's wineries, cidery or craft brewery.

Pro tip: Due to the massive popularity of the weekly market, ferry rides to the island fill up quickly on Saturday mornings. Be sure to plan your ferry trip well in advance to avoid disappointment. ①

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